

## VOLUNTEER

Volunteers are the backbone of the CCTRA program. Previous experience with horses or disabled individuals is not required. CCTRA offers a comprehensive volunteer orientation and training program for the care of the horses and participants.



Many willing hands are always needed and welcome to continue helping CCTRA participants succeed. An average riding lesson pairs one participant with three volunteers: a leader for the horse and two side-walkers, plus an instructor. Volunteers are also needed to assist with barn activities, farm maintenance, office duties, fundraising, planning social activities, and much more. Whatever your skills and talents, you will find a home for them here at Cassidy's Cause. **Join us today!** You will never receive more from giving than you will with our special participants.

## OUR MISSION

Is to provide individuals with disabilities the opportunity to grow and develop through therapeutic, educational and recreational activities, while interacting with a horse.

Founded in 2013 by Angie Falconite Jackson, Mike Falconite, and Dara Triplett in honor of Cassidy Triplett, whose love for horses continues to inspire others.

## GET IN TOUCH

### Website

[cassidyscause.org](http://cassidyscause.org)

### Email

[angie@cassidyscause.org](mailto:angie@cassidyscause.org)

### Phone

270.554.4040

### Address

6075 Clinton Rd, Paducah, KY 42001



**ANGIE JACKSON**  
EXECUTIVE DIRECTOR  
CO-FOUNDER



**DARA TRIPLETT**  
PROGRAM DIRECTOR  
CO-FOUNDER



**CHRISTY VAN CLEVE**  
VOLUNTEER  
COORDINATOR



Where everyone  
is equal in the  
saddle



## VISIT OUR FACILITY



Cassidy's Cause Therapeutic Riding Academy's (CCTRA) state-of-the-art facility sits on 22 acres of beautifully groomed pastures. The rolling countryside provides a relaxing environment that some might consider therapeutic in itself. CCTRA has become a home away from home for participants, parents, volunteers, and all who visit.



## Our Programs

- Therapeutic Riding
- Equine Assisted Learning
- Partner Therapy
- Minis on the Move
- Addiction Therapy

## WHAT WE DO

CCTRA helps individuals move beyond the confines of their bodies and disabilities into new, unexplored worlds. Watching individuals interact with horses and gain confidence and self-esteem is truly an unforgettable experience. Proud parents observe their children sitting tall in the saddle, smiling brightly, and laughing uncontrollably while riding horses.

For individuals with impaired mobility, horseback riding gently and rhythmically moves their bodies in three planes: forward and backward, side to side, and up and down. Participants experience increased balance, muscle control, and strength. Horseback riding helps individuals with learning or cognitive disabilities improve their concentration, recognition, vocabulary, and task completion. The unique bond formed with the horse can help improve personal relationships, patience, and behavior among individuals with psychological or emotional disabilities.



Cassidy's Cause Therapeutic Riding Academy is a Professional Association of Therapeutic Horsemanship International (PATH) center and our instructors are PATH, Intl. certified.